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Anthropological Thoughts on the Chinese Culinary Culture

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KEYWORDS A Bite of China. Anthropological Film. Chinese Cuisine. Chinese Culinary Culture. Documentary. Ethnic Groups

ABSTRACT Taking the documentary film 'A Bite of China' as the subject, this paper reviews the major contents of the film and probe the cultural phenomenon behind it as an anthropological film by the methodology of content-based analysis. The documentary introduces a variety of Chinese culinary cultures in seven episodes mainly including the acquisition of various kinds of food and the culinary techniques of food. The anthropological significance of the Chinese culinary culture is explained. It in-depth discusses why 'A Bite of China' became the most popular documentary film in China at that time from the perspective of film and television shooting technology and post-production.